IN SICKNESS
AND IN HEALTH
The UHC Cares for YOU!
Leading the Way to Healthier Terps
ABOUT US
Location:
Centrally located across the street from “The Stamp”

Hours:
Monday-Friday:
8:00am-6:00pm
Saturday:
9:00am-12:00pm
Sunday:
CLOSED
HERE’S ONLY SOME OF WHAT WE CAN DO FOR YOU!

- Primary Care
- Urgent Care
- Women’s Health
- Sexual Health
- Mental Health
- Allergy, Immunization, & Travel Clinics
- Orthopedic/Sports Medicine
- Substance Abuse Programs
- Holistic Wellness Services

Costs vary upon insurance. Mental Health and Nutrition visits are ONLY $15 for students. We can bill your student account. Cash, check, Terrapin Express, or credit card accepted!
MAKE & CANCEL APPOINTMENTS

2 Convenient Ways

• On-Line: www.myuhc.umd.edu. Log in with your student ID.
• Call: (301) 314-8184.
• Bring your insurance card and photo ID!
• Cancel 24-hours in advance to avoid fees!
Accredited by

Accreditation Association for Ambulatory Health Care, Inc.
WE CAN GIVE YOU A LITTLE L.C. OR GOOD ADVICE.

• Use our Urgent Care service. No appointment necessary, but a call to (301) 314-8184 helps get our team ready for you!

• Call our FREE After Hours NurseLine when the UHC is closed. (301) 314-9386 or GOOD ADVICE.
WE CAN HELP YOU RELAX!

The UHC provides massage and acupuncture services ($50/session for students) and FREE weekly meditation sessions!
WE PROVIDE MEDICATION & MORE!

- Pick up, fill, refill and transfer prescriptions at our full-service pharmacy!
- Get over-the-counter medicine and Burt’s Bees products at lower prices!

Call (301) 314-8186.
YOU CAN EARN & LEARN WITH US TOO!

• Earn class credit as a Peer Health Educator!

Peer Education Groups

SHARE
(Sexual Health and Reproductive Education)

SARPP
(Sexual Assault Response and Prevention Program)

CHOICES
(Alcohol and Other Drugs)

HEALTH Works
(Wellness and Stress Management)

• Earn leadership experience with SHAC
( Student Health Advisory Committee)!
• Earn volunteer hours for professional school applications!
• Earn your FWS financial award with Federal Work Study Positions.
HELP!
I’m having an EMERGENCY...
What should I do?

• If you are experiencing a life-threatening emergency, dial 911.
• Symptoms requiring Urgent Care or 911:
  < severe pain
  < bleeding
  < chest pain
  < shortness of breath
  < other signs of severe distress