



UNIVERSITY HEALTH CENTER



Accredited by the
Accreditation Association
for Ambulatory Health Care



STUDENT SERVICES INCLUDE:

- Primary Care
- Triage
- Women's Health
- Lab
- Pharmacy
- Mental Health, Substance Abuse
- Sexual Assault Advocacy, Prevention & Outreach Services (C.A.R.E.)
- Allergy/Immunization/Travel Clinic
- Health Education Resources
- X-Ray
- Acupuncture, Massage Therapy
- Smoking Cessation, Meditation
- Physical Therapy

PROVIDERS INCLUDE:

Physicians, Nurse Practitioners, Physician Assistants, Nurses, Psychiatrists, and Therapists.



GENERAL HOURS OF OPERATION

- Mondays thru Thursdays 8 am – 6 pm
- Fridays 8am – 5pm
- Saturdays 9 am – 12 noon
- There are limited services after 5 pm and on Saturdays
- Hours vary during the summer and other academic breaks
- Appointment based; walk-ins will be triaged & scheduled accordingly
- Nurse Call System for after-hours
- Students under the age of 18 require parental permission for treatment (found on the Immunization Form)

FEES & CHARGES

- Fees vary according to service provided; fees typical of community medical practice including co-payments, co-insurances, and deductibles
- Copayment and/or coinsurance is payable at the time of the visit
- Missed Appointment/Cancellation/Late Arrival fee

ACCESS TO STUDENT RECORDS

- Parents do not have access to student health records without the student's written permission
- Students may request a copy of their medical records by signing a release for that specific visit

IMMUNIZATION FORMS

- Immunization forms **MUST** be submitted to the Health Center before or during Orientation
- Students will be blocked from future registration if forms are not turned in
- A fee may be assessed for forms turned in after the first day of class

MENINGITIS VACCINE

- Required for students living in campus housing
- Call 301-314-8184 to make an appointment if your student would like the vaccine

OTHER VACCINATIONS & IMMUNIZATIONS

- Flu shot
 - Encourage your student to get one
 - Especially important for those with chronic illnesses
 - The Health Center's website will post info when the vaccine is available
- Allergy shots

INTERNATIONAL TRAVEL CLINIC

- Pre-travel counseling for:
 - University-sponsored Study Abroad Programs
 - Spring Break travel and Alternate Break Programs
 - Vacations
- Immunizations/Vaccinations available on-site

MANDATORY HEALTH INSURANCE

- Information is available on the Health Center's website: www.health.umd.edu/about/insuranceandfees
- Secure website for completing the on-line waiver: www.firststudent.com (this is the only way to waive)
- If you have questions about insurance, email insurance@health.umd.edu or call 301-314-8165
- The premiums and coverage periods can be found at www.firststudent.com

MANDATORY HEALTH INSURANCE (continued)

- ALL undergraduate students, taking 6 credits or more, must have health insurance
- Your student will automatically be billed and enrolled in the University-sponsored plan for the insurance plan year (January 1st – July 31st) if he/she does not complete the on-line waiver. Credit will not be given after 2/15/17.
- Premium=\$798
- Students must waive by going on-line to complete a waiver card at www.firststudent.com

GENERAL INSURANCE INFORMATION

- The Health Center is able to bill many insurance plans for the cost of services
- We are considered out-of-network & can not bill some HMO/POS plans such as Kaiser & Tricare Prime. We can not bill Medicare and out of state Medicaid.
- Check with your insurance provider to see what is covered; do not assume that services provided by UHC will be covered; many plans do NOT cover services outside of their geographical areas
- Services not covered by insurance are the student's responsibility

GENERAL INSURANCE INFORMATION (CONTINUED)

- If your insurance is UNITED HEALTHCARE **MDIPA**, UNITED HEALTHCARE **OPTIMUM CHOICE**, OR BLUE CROSS BLUE SHIELD **BLUE CHOICE**, YOU HAVE AN **HMO**
- For UHC Optimum Choice or MDIPA, call member services (the phone number is on your ID card) and make University Health Center the PCP (Primary Care Provider) for your student for visits at the University Health Center to be considered
- For BCBS Blue Choice, call member services and name one of our providers as PCP for your student. If this is done, visits at University Health Center may be considered for coverage

PARENT'S PLAN

- Applicable co-pays, co-insurance, or deductible according to your plan
- If the Health Center does not participate in your plan, as a courtesy, your insurance will be billed where applicable
- You are fully responsible for services not covered by your insurance plan

UM SHIP

- No co-pays, co-insurance or deductible when seen at the University Health Center
- Most services at the University Health Center are covered; copies of medical records & add-on lab tests are not included
- Co-pay for meds
- Premium for 1/1/17 – 7/31/17: \$798

PHARMACY INSURANCE

- The Pharmacy accepts many major prescription cards
- Check out the pharmacy's webpage via www.health.umd.edu for more information about available pharmacy services

INSURANCE CARDS

- Stop by the Health Center to leave a copy of your insurance card(s)
- Your student should have his/her own card
- Providing the Health Center with a copy of your card does **NOT** fulfill the mandatory health insurance waiver requirement
- Completing the on-line waiver does **NOT** transfer your insurance information to the Health Center's billing system

THINGS EVERY STUDENT SHOULD HAVE:

- Health Insurance Card(s)
- Thermometer
- Band-Aids
- Pain reliever
- Antacid
- Topical antibiotic
- Personal medications
- Hand sanitizer

FOR MORE INFORMATION:

- Find us: www.health.umd.edu
- Email us: health@umd.edu
- Call us: 301-314-8180
- Follow us on Twitter: @UMDHealthCenter
- Friend us on Facebook: www.facebook.com/UMDHealthCenter