

Emergency Plan

Out-of-State Contact

Name _____

City _____

Telephone (Day) _____ (Evening) _____

Email _____

Local Contact

Name _____

City _____

Telephone (Day) _____ (Evening) _____

Email _____

Family Work Numbers

Father _____ Mother _____

Other _____

Email _____

Emergency Telephone Numbers

In a life threatening emergency, dial 911 or the local emergency medical services system number.

Police Department _____

Fire Department _____

Hospital _____

Physicians/ Healthcare Providers

Name _____ Telephone _____

Name _____ Telephone _____

Name _____ Telephone _____

Local Television/ Radio Station or Website

Method of obtaining up-to-date information

Reunion Locations

1. Right outside your residence _____

2. Away from your residence, in case you cannot return

Address _____

Telephone _____

Route to try first _____

Building Evacuation Plan

Route to try first:

Alternate Route:

Campus Evacuation Plan

Emergency Preparedness: Get Ready!

What is

Emergency Preparedness?

Disasters and emergencies can happen anytime and anywhere without warning leaving you with limited time to respond. The best way for you to cope with these sudden emergencies is to plan ahead. By having tools and plans in place, you will be able to react appropriately and survive on your own for a short period of time if necessary.

Why should you *Get Ready*?

As we recently learned with Hurricanes Katrina and Rita as well as other natural disasters, preparation is the best method of coping with devastating long-term effects. Threats of bioterrorism, disease outbreak, and even fire are also emergencies which could greatly impact our campus community if the appropriate measures are not taken before the event occurs.

By **Getting Ready**, you will be prepared to respond to the University's Emergency Operation Plan, have a plan to contact your family, know where and how to find information, and have a fresh supply of provisions & supplies on hand.

The University of Maryland has implemented the Early Warning System, a siren that sounds on campus when dangerous conditions are imminent, and created an Emergency Operations Plan. Information on how the University is preparing for emergencies is available at:

www.umd.edu/emergencypreparedness/

Sources:

Prince George's County
Pack. Plan. Practice: Emergency Preparedness Program.
www.goprincegeorgescounty.com/Government/AgencyIndex/Health/packplan-practice-eng.asp

Federal Emergency Management Agency (FEMA) &
American Red Cross
Emergency Preparedness Checklist & Your Family Disaster Supply Kit

University of Maryland
Department of Resident Life
<http://www.resnet.umd.edu/emergencypreparedness/>

Emergency Preparedness@Maryland
<http://www.umd.edu/emergencypreparedness/umeop/>

UNIVERSITY OF MARYLAND

UNIVERSITY HEALTH CENTER

301.314.8180 TELEPHONE • 301.314.8184 APPOINTMENTS

WWW.HEALTH.UMD.EDU • HEALTH@UMD.EDU

Why are these documents and information necessary for emergency preparedness?

Evacuation of your residence along with the immediate area may be necessary in the event of an emergency. You may have to leave for a matter of hours or even days. There may not be time during an emergency to search for these important documents. Having your information collected in a central location will expedite the evacuation process.

◆ A **BUILDING ESCAPE ROUTE** can help you safely and quickly exit your residence. Once outside, you may need to leave the area. A **PERSONAL EVACUATION PLAN** by car, air, or rail can help you get from your residence to a safer location. You should have the address of a relative or friend who lives near campus in case you need a place to go due to the closure of campus. You may need an **AREA MAP(S)** to find your way around due to possible obstacles like road blocks. In all instances, you should plan an alternate route in case your initial route is inaccessible.

◆ Once you have left your residence, you will want to contact your friends and relatives to notify them of your whereabouts using your **EMERGENCY CONTACT LIST**. You should have contacts in the immediate area as well as a person outside of the area due to the possibility of phone lines getting overwhelmed.

◆ Depending on the situation, you may not be able to return to your residence immediately after an emergency. In that case, you may need to seek help from the government in obtaining food and shelter. In some instances, you will need to show identification to collect these provisions. A **DRIVER'S LICENSE, PASSPORT, SOCIAL SECURITY CARD, OR BIRTH/ MARRIAGE CERTIFICATES** can act as proofs of identification.

◆ In the event that you need medical attention, you should have your **HEALTH INSURANCE INFORMATION, MEDICAL INFORMATION, PHYSICIAN/ HEALTHCARE PROVIDER INFORMATION, AND PRESCRIPTION/ MEDICATION INFORMATION** readily available to emergency officials so that they can provide you with the appropriate care in a timely fashion.

◆ In an emergency, you may not have access to your bank. It is important that you have **CASH/ TRAVELER'S CHECKS** with you to purchase any necessary items. Also, you should keep your **CREDIT CARD/ BANK INFORMATION** handy in the event that you need to contact your bank should you misplace your card or encounter any other issues during a disaster.

◆ Your car may suffer damages during a disaster. You will need your **AUTO INSURANCE INFORMATION** to report these damages to the appropriate persons.

◆ Any other **PERSONAL INFORMATION** that might prove essential in your personal recovery process should be included in this file for easy access. For example:

- ✓ *additional addresses*
- ✓ *account login passwords*
- ✓ *employer's contact info*
- ✓ *student ID with transcript*
- ✓ *cell phone*
- ✓ *computer discs*
- ✓ *resume*
- ✓ *rental insurance info*

Emergency Supply Kit Checklist

Make a "Go Bag" or "Go Kit" packed with emergency supplies in preparation for an evacuation. Items should be stored in a waterproof container that is easy to access and transport if you are asked to evacuate your residence.

- | | |
|--|---|
| <input type="checkbox"/> Antibacterial Gel | <input type="checkbox"/> Food (Canned Goods) |
| <input type="checkbox"/> Batteries (Extra) | <input type="checkbox"/> Important Documents File |
| <input type="checkbox"/> Battery Operated Radio | <input type="checkbox"/> Lighter/Matches |
| <input type="checkbox"/> Blanket | <input type="checkbox"/> Paper & Pen/Pencil |
| <input type="checkbox"/> Change of Clothing/Shoes | <input type="checkbox"/> Personal Hygiene Items
(Toothpaste, toothbrush, etc.) |
| <input type="checkbox"/> Disinfectant/Bleach | <input type="checkbox"/> Plastic Storage/Trash Bags |
| <input type="checkbox"/> Disposable Plates/Cups/
Utensils | <input type="checkbox"/> Prescription &
Other Medications |
| <input type="checkbox"/> Entertainment
(Games/Books) | <input type="checkbox"/> Rain Gear/Jacket |
| <input type="checkbox"/> Extra Eye Glasses | <input type="checkbox"/> Toilet Paper |
| <input type="checkbox"/> First Aid Kit | <input type="checkbox"/> Utility Knife |
| <input type="checkbox"/> Flashlight | <input type="checkbox"/> Water |

Other: