## UNIVERSITY OF MARYLAND UNIVERSITY HEALTH CENTER

## OCCUPATIONAL HEALTH HISTORY FORM

| Name: | University ID \#: | Date: |
| :---: | :---: | :---: |
| Drug allergies (list name and reaction): |  |  |
| Medications (prescription, over-the-counter): |  |  |
| Gender assigned at birth: $\square$ Male $\square$ Female | $\square$ Decline to answer, please explain: |  |
| Current gender identity: $\square$ Male $\square$ Female | $\square$ FTM/Transman $\quad \square$ MTF/Transwoman | $\square$ Gender queer |
| $\square$ Something else | $\square$ Decline to answer, please explain: |  |

Do you think of yourself as:
$\square$ Straight or heterosexual
$\square$ Gay/lesbian or homosexual
$\square$ Bisexual
$\square$ Something else
$\square$ Don't know

## PERSONAL HISTORY

| Problem | Yes | No | Unsure | Please explain if you answered "yes" |
| :--- | :---: | :---: | :---: | :---: |
| Headaches/Migraines/Epilepsy/Seizures | $\square$ | $\square$ | $\square$ |  |
| Lung Disease (Asthma, Tuberculosis, etc.) | $\square$ | $\square$ | $\square$ |  |
| Heart Disease (High Blood Pressure, Murmurs, etc.) | $\square$ | $\square$ | $\square$ |  |
| High Cholesterol | $\square$ | $\square$ | $\square$ |  |
| Stroke/Blood Clots | $\square$ | $\square$ | $\square$ |  |
| Stomach or Intestinal Problems (Reflux, Crohn's disease, | $\square$ | $\square$ | $\square$ |  |
| Gluten/Lactose intolerance, Irritable bowel, etc.) | $\square$ | $\square$ |  |  |
| Liver Disease (Mononucleosis, Hepatitis, Jaundice, etc.) | $\square$ | $\square$ | $\square$ |  |
| Gallbladder Disease | $\square$ | $\square$ | $\square$ |  |
| Urinary Problems (Infections, Kidney Stones, etc.) | $\square$ | $\square$ | $\square$ |  |
| Joint, Muscle or Bone (Scoliosis, Fractures, etc.) | $\square$ | $\square$ | $\square$ |  |
| Blood Problems (Anemia, Clotting, Sickle Cell, etc.) | $\square$ | $\square$ | $\square$ |  |
| Endocrine Problems (Diabetes, Thyroid, PCOS, etc.) | $\square$ | $\square$ | $\square$ |  |
| Skin/Hair Problems (Acne, Rashes, etc.) | $\square$ | $\square$ | $\square$ |  |
| Cancer (specify type) | $\square$ | $\square$ | $\square$ |  |
| Birth Defects/Disabilities | $\square$ | $\square$ | $\square$ |  |
| Mental/Behavioral (Depression, Anxiety, ADHD, etc.) | $\square$ | $\square$ | $\square$ |  |
| Other illnesses/injuries | $\square$ | $\square$ | $\square$ |  |
| Surgery (Tonsils, Wisdom Teeth, Appendix, Hernia, etc.) | $\square$ | $\square$ | $\square$ |  |
| Hospitalization (admitted overnight) | $\square$ | $\square$ | $\square$ |  |

FAMILY HISTORY $\quad \square$ Adopted

| Problem | Yes | No | Unsure | Please list which family members (father, <br> mother, siblings, grandparents, etc.) |
| :--- | :---: | :---: | :---: | :---: |
| Lung Disease (Asthma, Tuberculosis, etc.) | $\square$ | $\square$ | $\square$ |  |
| Heart Disease (High Blood Pressure, Murmurs, etc.) | $\square$ | $\square$ | $\square$ |  |
| Heart Attack BEFORE age 50 | $\square$ | $\square$ | $\square$ |  |
| High Cholesterol | $\square$ | $\square$ | $\square$ |  |
| Stroke/Blood Clots | $\square$ | $\square$ | $\square$ |  |
| Diabetes | $\square$ | $\square$ | $\square$ |  |
| Thyroid Disease | $\square$ | $\square$ | $\square$ |  |
| Breast Cancer | $\square$ | $\square$ | $\square$ |  |
| Other Cancer(s) (specify type) | $\square$ | $\square$ | $\square$ |  |
| Mental/Behavioral (Depression, Anxiety, ADHD, etc.) | $\square$ | $\square$ | $\square$ |  |
| Other illnesses | $\square$ | $\square$ | $\square$ |  |

## PLEASE COMPLETE THE REVERSE SIDE

|  | Yes | No | What type? | How often? |
| :--- | :---: | :---: | :---: | :---: |
| Do you use tobacco? | $\square$ | $\square$ |  |  |
| Do you drink alcohol? | $\square$ | $\square$ |  |  |
| Do you regularly use any recreational drugs <br> (Marijuana, Cocaine, Heroin, LSD, Shrooms, <br> Ecstasy, etc.)? | $\square$ | $\square$ |  |  |
| Do you regularly use any prescription drugs that is <br> not prescribed to you (Adderall, Ritalin, opiates, <br> benzos, etc.)? | $\square$ | $\square$ |  |  |

## OCCUPATIONAL HEALTH HISTORY

| Do you know or have you ever worked with any <br> of the following agents/hazards? | Yes | No | Please explain if you answered "yes". State when you last <br> worked with the agent and how long. |
| :--- | :---: | :---: | :---: |
| Asbestos | $\square$ | $\square$ |  |
| Biological agents/hazards (Type | $\square$ | $\square$ |  |
| Excessive heat | $\square$ | $\square$ |  |
| Excessive noise | $\square$ | $\square$ |  |
| Exhaust | $\square$ | $\square$ |  |
| Formaldehyde | $\square$ | $\square$ |  |
| Pesticides | $\square$ | $\square$ |  |
| Radioactive material solvents (Type | $\square$ | $\square$ |  |

## PHYSICAL LIMITATIONS

| Do you have a physical condition that would <br> impair your ability to do any of the following? | Yes | No | Please explain if you answered "yes" and describe any <br> accommodations that you require. |
| :--- | :---: | :---: | :---: |
| Stand continuously for three (3) hours? | $\square$ | $\square$ |  |
| Refrain from eat or drink for three (3) consecutive <br> hours or more? | $\square$ | $\square$ |  |
| Are you or your partner currently pregnant or <br> planning to become pregnant? | $\square$ | $\square$ |  |

## IMMUNIZATIONS

| Please check the boxes to indicate if you have <br> received any of these immunizations in the past. | Yes | No | Please write the date(s) that you have received the <br> immunization. |
| :--- | :---: | :---: | :--- |
| Tetanus (Td) or Tdap | $\square$ | $\square$ |  |
| Hepatitis B | $\square$ | $\square$ |  |
| Influenza (seasonal) | $\square$ | $\square$ |  |
| Other related immunization(s) | $\square$ | $\square$ | List name(s) and date(s): |

