



HPAIV (aka H5N1, avian influenza)

(to be carried at all times and presented to medical personnel in the event of exposure)

FRONT

HPAIV (aka H5N1, avian influenza)

IMPORTANT INFORMATION FOR EMERGENCY PERSONNEL

The individual carrying this card works in a laboratory with HPAIV and may have come into contact via inhalation of virus from aerosols generated when aspirating, dispensing, or mixing virus-infected samples from infected animals; or potential percutaneous exposure.

Note: This card is intended to be informational and should not substitute for clinical presentation and provider judgment of individual clinical cases.

BACK

MEDICAL ALERT INFORMATION

The person carrying this card has an occupational exposure to HPAIV.
Immediately call Occupational Health at [301.405.3315](tel:301.405.3315)

COMMON SYMPTOMS

- Incubation period 2-5 days
- Range from typical flu-like symptoms (e.g., fever, sore throat, cough, and muscle aches) to pneumonia, acute respiratory distress syndrome, multiple organ failure

POST-EXPOSURE TREATMENT

- Thoroughly wash any skin wounds with soap and water and/or flush eyes or other affected mucous membranes with water
- Baseline testing: Influenza rapid test (for both type A and B)
- ASAP after exposure, but definitely within 48 hours: Administer Tamiflu (oseltamivir) 75 mg twice daily for 10 days