



Borrelia burgdorferi (aka Lyme disease)

(to be carried at all times and presented to medical personnel in the event of exposure)

FRONT

Borrelia burgdorferi (aka Lyme disease)

IMPORTANT INFORMATION FOR EMERGENCY PERSONNEL

The individual carrying this card works in a laboratory with *B. burgdorferi*, and may have come into contact via accidental parenteral inoculation and exposure to infectious aerosols

Note: This card is intended to be informational and should not substitute for clinical presentation and provider judgment of individual clinical cases.

BACK

MEDICAL ALERT INFORMATION

The person carrying this card has an occupational exposure to *Borrelia burgdorferi* (aka Lyme disease). Immediately call Occupational Health at [301.405.3315](tel:301.405.3315)

COMMON SYMPTOMS

- Incubation period 3-30 days
- Erythema migrans (target-shaped rash)
- Fever, chills, fatigue, muscle and joint pain, headache

POST-EXPOSURE TREATMENT

- Thoroughly wash any skin wounds with soap and water and/or flush eyes or other affected mucous membranes with water
- Baseline and follow-up Lyme EIA only for symptomatic patients
- PEP: Doxycycline (200 mg single oral dose). If contraindicated, consult Infectious Disease